



WHITEBREAD 22 SAILING INSTRUCTIONS

October 3, 2015

1. RULES

The organizing authority for this race is the Peconic Bay Sailing Association. The race will be governed by the Racing Rules of Sailing for 2013-2016 (RRS), the regulations of the Performance Handicap Fleet of Eastern Long Island (PHRF/ELI) and the requirements of these Sailing Instructions.

The Whitebread Race is a PHRF handicap race. The PHRF rating authority for the race is the Performance Handicap Racing Fleet of Eastern Long Island (PHRF/ELI). Each yacht entered shall hold either a current PHRF/ELI rating certificate or submit a completed PHRF Day Rating Application to the Race Committee. Yachts not in compliance with this requirement will be assigned a rating deemed appropriate by the Race Committee. Assigned ratings are not subject to appeal.

By the definitions of the RRS, in the case of conflict PHRF/ELI regulations supersede the rules of individual one-design classes even if a particular one-design class is given a separate class start. This changes RRS rule 78.

The prescriptions of US Sailing will apply with the following exceptions; the prescriptions to rules 40, 56, and 82. In the event of conflict these Sailing Instructions will prevail over the Notice of Race.

2. CHANGES

Written amendments to the Sailing Instructions will be posted on the official Race Committee Bulletin Board located adjacent to Race Headquarters at Cutchogue Harbor Marina. In addition a broadcast of all amendments will be made on VHR Channel 72 immediately following the Race Attention signal.

3. MINIMUM EQUIPMENT

Competitors are reminded that the government as well as the Racing Rules of Sailing require certain minimum equipment be carried aboard each boat. Notwithstanding those requirements as a minimum all boats must carry a personal floatation device (PFD) for each person aboard, a throwable PFD, an anchor with adequate anchor rode, and a working VHF radio (either fixed mount or hand held). All monohull boats shall also carry a motor of some kind to supply auxiliary propulsion. The Race Committee reserves the right to inspect any boat for compliance with these requirements.

Furthermore, in compliance with RRS 40 when code flag Y is displayed by the Race Committee Signal Boat prior to a division warning signal, all competitors in that division shall wear their personal floatation devices in a manner that is clearly visible for the duration of the race. Regardless of the display of code flag Y, boats not equipped with lifelines are required to have all crew members wear personal floatation devices in a manner that is visible at all times while racing.

Boats competing in a one-design class or holding a one-design handicap rating (ODR) shall carry whatever additional equipment may be mandated by their class rules. Maximum crew weight limits, if incorporated into the class rules, shall not apply.

4. RACE PACKETS

Race Packets will include a backstay division flag, Sailing Instructions and the scratch sheet. They will be available at the Friday night Pre-Race Party/Skippers' Meeting. Participants are strongly encouraged to attend the Pre-Race Party/Skippers' Meeting or arrange for a fellow competitor to pick up their Race Packet. Race Packets will **NOT** be available from the Race Committee boats prior to the start of the race.

Division flags must be flown from the backstay (preferably) or stern of competing sailing vessels. All classes within a division will fly the same division flag. It is permissible to supply your own correct color division flag. Failure to display a division flag does not constitute grounds for disqualification.

5. DIVISION FLAGS

Backstay flags designating division assignments will be as follows:

Flag Color	Division
Orange	Division 1 - Spinnaker
Purple	Division 2 - Spinnaker
Green	Division 3 - Spinnaker
Blue	Division 4 - Cruising
Yellow	Division 5 - Cruising
Pink	Division 6 - Cruising

6. RACE ATTENTION

The Race Committee will signal Race Attention at 0730 by making a single sound signal from the Race Committee Signal Boat and announcing same over VHF channel 72. All changes and/or amendments to these Sailing Instructions will also be broadcast at that time.

7. THE COURSE

The course to be sailed will be selected from those described below. Each mark of a course is to be observed as indicated: P means leave that mark to port; S means leave that mark to starboard. Government marks or other aids to navigation not listed as marks of the course may be passed on either side. Please note the sequence of marks and the side on which they are to be passed in each course. Often some marks are required to be passed twice, leaving them on different sides each time. Other marks may be required marks of the course when passing them one time but not required marks when passing them a second time.

The course for each division will be signaled by hoisting the code flag corresponding to the course's letter designation five (5) minutes prior to the Warning Signal for that division. Course signals will be lowered four (4) minutes after each division start. The Race Committee will supplement the course signals with broadcast announcements on VHF channel 72. Please note that all divisions may not sail the same course.

COURSE A (Alpha)

Start
 R 20* P Nassau Point
 R18 P Hog Neck Bay
 G17* S Jessup Neck
 G 15* S Tyndal Point
 "A"* P Mashomack Point
 N 6 P Mashomack
 N 4 P Nicoll Point
 RW N* P Mo A
 G 7* P Hay Beach Point
 R 10 S Fanning Point
 G 11* P Jennings Point
 R 12* S Paradise Point
 R 18 S Hog Neck Bay
 R 20* S Nassau Point
 Finish

COURSE B (Bravo)

Start
 R 20* P Nassau Point
 R 18 P Hog Neck Bay
 R 12* P Paradise Point
 G 11* S Jennings Point
 R 10 P Fanning Point
 G 7* S Hay Beach Point
 RW N S MoA
 N 4 S Nicoll Point
 N 6 S Mashomack
 "A"* S Mashomack Point
 G 15* P Tyndal Point
 G 17* P Jessup Neck
 R 18 S Hog Neck Bay
 R 20* S Nassau Point
 Finish

COURSE C (Charlie)

Start
 R 20* P Nassau Point
 R18 P Hog Neck Bay
 G17* S Jessup Neck
 G 15* S Tyndal Point
 "A" P Mashomack Point
 N 6 P Mashomack
 N 4 P Nicoll Point
 RWN P MoA
 G 7* P Hay Beach Point
 R 10 S Fanning Point
 G 11* P Jennings Point
 R 12 S Paradise Point
 Finish

COURSE D (Delta)

Start
 R 20* P Nassau Point
 R 18 P Hog Neck Bay
 R 12* P Paradise Point
 G 11* S Jennings Point
 R 10 P Fanning Point
 G 7* S Hay Beach Point
 RW N* S Mo A
 N 4 S Nicoll Point
 N 6 S Mashomack
 "A"* S Mashomack Point
 G 15* P Tyndal Point
 G 17* P Jessup Neck
 Finish

COURSE E (Echo)

Start
 R 22 P Robins Island *
 R 18 P Hog Neck Bay
 G 17* S Jessup Neck
 R 16* P Noyack Bay
 N 14* P West Neck
 R 18 S Hog Neck Bay
 R 20* S Nassau Point
 Finish

NOTE * signifies mark is a rounding mark.

MARK "A" will be an inflatable mark set approximately 0.2 nm southwest of Mashomack Point.

CAUTION TO SKIPPERS: Courses A, B, C and D circumnavigate Shelter Island. When rounding Shelter Island in either direction you will encounter ferries at North Haven and Greenport. Be aware that in strong currents and at reduced speeds, ferries become less maneuverable and may be unable to take measures to avoid competitors sailing the course. Skippers are strongly advised to take prudent action to avoid such potentially dangerous situations.

Additionally on race day extensive dredging operations may be underway at the Shelter Island terminal docks of the South Ferry. Competitors may encounter large dredge barges, multiple anchor lines and long floating pipes for disposal of dredged spoils. All portions of this gear are considered obstructions under the Definitions included in the RRS.

8. THE START AND START SEQUENCE

The starting line will be located just south of Cutchogue Harbor in the vicinity of buoy C1 and will be drawn between the orange flag on the Race Committee Signal Boat to starboard and an inflatable mark to port. An auxiliary Race Committee boat will be stationed abeam of and approximately 50 yards beyond the inflatable mark to assist in determining premature starters.

The course signals for Division 6, the first division to start, will be made at 0825. Please note there is a twenty (20) minute interval between the Division 6 and Division 5 starts, the Division 5 and Division 4 starts and between the Division 3 and Division 2 starts. There is a ten (10) minute interval between all other starts. All classes within a given division will start together with their division start.

Boats whose warning signal has not yet been made shall keep clear of the starting area and of all boats who have started or whose starting sequence has commenced. Boats infringing this rule may be subject to protest and disqualification.

The Starting Sequence (This changes RRS 26)

Signal	Shape and Sound	Minutes Before Start
Course Signals	Course Flag, 1 sound	10
Warning	Division Flag, 1 sound	5
Preparatory	Code Flag P, 1 sound	4
1 Minute	Code Flag P lowered, 1 long sound	1
Start	Red Flag, 1 sound	0

DIVISION STARTING TIMES

Time of Day	Signal	Division
0825	Course Signals	Division 6
0830	Warning	Division 6
0835	Start	Division 6
0845	Course Signals	Division 5
0850	Warning	Division 5
0855	Start	Division 5
0905	Course Signals	Division 4
0910	Warning	Division 4
0915	Start	Division 4
0915	Course Signals	Division 3
0920	Warning	Division 3
0925	Start	Division 3
0935	Course Signals	Division 2
0940	Warning	Division 2
0945	Start	Division 2
0945	Course Signals	Division 1
0950	Warning	Division 1
0955	Start	Division 1

9. POSTPONEMENTS

Postponements will be signaled by the hoisting of code flag "Answering Pennant" (AP) accompanied by two (2) sound signals. The "AP" flag will be lowered accompanied by one (1) sound signal one minute before the warning signal for the next division to start. When a postponement has been made for one division start, starts for all succeeding divisions shall be delayed accordingly. The Race Committee will supplement these signals with broadcast statements over VHF channel 72.

10. MOVING THE START LINE

If there is not enough wind in the starting area at the time of the first scheduled start the Race Committee may move the starting area down the course by signaling code flag "L" along with the "AP" flag. The fleet will then follow the Signal Boat to N18 in Little Peconic Bay. The new starting line will then be set between the orange flag on the committee boat to starboard and N18 to port. All remaining marks of the course(s) to be sailed must be honored.

11 INDIVIDUAL RECALLS

In accordance with RRS 29, the Race Committee will signal premature starters by the display of code flag "X" and one sound signal. The flag will remain displayed until all premature starters have returned and are on the pre-race side of the line but no longer than four minutes after the starting signal. The Race Committee will also attempt to hail offending boats on VHF channel 72. Failure of a boat to see or hear her recall signal shall not relieve her of her obligation to start correctly.

12. GENERAL RECALL

When at the starting signal for any division, the Race Committee is unable to identify all boats on the course side of the starting line or if there has been an error in the starting procedure, a general recall may be signaled by display of code flag "First Substitute" together with two (2) sound signals. The Warning Signal for the class recalled will be made one (1) minute after the First Substitute is lowered. The starts for all succeeding divisions will follow in order after the new warning signal. The Race Committee will supplement these signals with an announcement broadcast over channel 72.

13. ABANDONMENT

Should the Race Committee elect to abandon racing for all divisions prior to any starts, it will so signal by the display of code flags "N" over "A" accompanied by three (3) sound signals. If the race is to be abandoned only for certain divisions, the code flag "N" will be flown over the division flags of those divisions for which racing has been abandoned. A supplemental announcement will be broadcast over VHF channel 72.

After at least one division has started, the Race Committee may elect to abandon racing if concerns arise over the safety of competitors. In such event, the Race Committee shall display code flags "N" over "H" accompanied by three (3) sound signals, indicating all racing is abandoned and competitors should make for the nearest port. An announcement will be made simultaneously over VHF channel 72.

14. THE FINISH

The finish line for courses A, B and E will be located between the orange flag on the Signal Boat located to port and mark C1 located to starboard.

The finish line for courses C and D will be located between the orange flag on a Race Committee boat located to starboard and mark N18 located to port.

Upon finishing at either location, boats must keep clear of all boats still racing. Boats infringing this requirement may be subject to protest and disqualification.

15. SHORTENING THE COURSE

In the event the Race Committee decides to shorten the course for one or more divisions, it shall position a committee boat on the appropriate side of the rounding mark at which the race is to be finished, sound two (2) signals, display code flag "S" as well as the pennants for those divisions for which it is shortening the course. If no division pennants accompany code flag "S", then the race is shortened at that mark for all divisions. These signals will be supplemented with an announcement broadcast over VHF channel 72. The finish line for all shortened courses will be between the rounding mark and the orange flag on the committee boat.

Conditions may require the race to be shortened at different marks for different divisions. In this case the Race Committee will shorten the course at one mark for Divisions 1, 2, and 3 and a different mark for Divisions 4, 5 and 6. The same signaling procedure will apply.

16. TIME LIMIT

Boats failing to finish the course by 1730 hours will be scored TLE (Time Limit Expired). If no boat in a class has finished by 1730 hours, the race shall be abandoned for that class. This changes RRS 35.

17. PROTESTS

The procedures for a protest must be in strict accordance with RRS 61. A boat intending to protest for an incident in the racing area that she was involved in or witnessed shall inform the protested boat(s) at the first reasonable opportunity. The protesting boat shall hail, "Protest" and conspicuously display a red flag at the first reasonable opportunity. The red flag must remain displayed until she is no longer racing. Upon finishing the protesting boat must inform the Race Committee of its intention to file a written protest. When leaving station after the race, the Race Committee will broadcast the protest log over VHF channel 72.

Written protests must be submitted to the Race Committee at Cutchogue Harbor Marina no later than one (1) hour after the Signal Boat docks. Protests will be heard as soon as possible after submission on the day of the race. The Protest Committee will post a schedule of hearing times on the Official Bulletin Board at Race Headquarters. It is the responsibility of all parties to a protest to inform themselves as to the time and location of the hearing. Please remember that RRS 44.1 and 44.2 are in effect as written allowing a 720 degree turn as an alternate penalty for an infraction of a rule in Part 2 of the RRS.

18. SCORING

Scoring for each division will be PHRF time on time using PHRF of ELI ratings, either from a current certificate or as assigned by the Handicap Committee. The Time Correction Factor (TCF) will be determined in accordance with the following formula: $TCF = 600 / (480 + PHRF)$.

Most divisions will be broken into multiple classes as indicated on the scratch sheet. These classes are for scoring purposes only; all classes within a division will maintain the same division flag, start together, sail the same course and effectively race together.

19. WITHDRAWALS

Any boat withdrawing from the race MUST notify the Race Committee either by radio on VHF channel 72 or by hail from close by a committee boat.

20. RADIO COMMUNICATIONS

The Race Committee will utilize VHF channel 71 for check-in only and VHF channel 72 for all announcements to the fleet. It is suggested that all boats monitor VHF channel 72 throughout the race. Competitors are advised that the Race Committee is not obligated to respond to questions which, in its judgment, are fully answered or explained by these Sailing Instructions or the Racing Rules of Sailing (RRS).

21. CHECK IN

All competitors are required to check in with the Race Committee prior to starting. This shall be done either via VHF channel 71 or verbally by sailing past the auxiliary Race Committee boat with mainsail up so as to clearly display the boat's sail number. Please **do not** use VHF channel 72 for check in. If checking in by radio, it is suggested you wait for acknowledgment from a committee member before signing off. It is also requested that you refrain from checking in during the five minute starting sequence for each division. You are reminded not to interfere with any boat whose warning signal has been made.

22. SAIL NUMBERS

Unless granted a special exception by the Race Committee, all competitors must have numbers or identifying letters on their mainsails and these numbers must match those listed for that boat on the scratch sheet. Sails other than mainsails need not have numbers but, if they do, they must match those on the mainsail. Notify the Race Committee during your pre-race check in if there is an error on the scratch sheet regarding your sail number.

23. DISCLAIMER OF LIABILITY

Competitors participate in this race entirely at their own risk. See RRS 4, "Decision to Race". The organizing authority, the Race Committee and the individuals serving in any capacity to organize, administer and conduct this race will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during or after the race.

END

